# Weekend 4: Clinical Chairside Assisting and Four-Handed Dentistry

ASDS/WPTC Dental Assistant Program
Student Workbook and Instructor Guide



## Learning Objectives

Apply four-handed dentistry principles, perform instrument transfer, maintain moisture control, support restorative procedures.

## Lecture Notes

Four-handed dentistry improves efficiency, ergonomics, patient safety and clinical flow. The assistant should anticipate provider needs and maintain an organized treatment area.

## Clinical Skills

Operatory setup, transfer zone, static zone, HVE use, chair positioning, instrument exchange.

## Hands-On Lab

Complete mock restorative procedure and demonstrate moisture control.

## Competency Checklist

Operatory setup; instrument transfer; HVE placement; patient communication; cleanup.

## Assessment

Written quiz and practical evaluation.